

IN ROOM SPA MENU

MASSAGES

SWEDISH

This deeply relaxing traditional treatment features long connective strokes and compression. It is designed to ease fatigued muscles and soothe the nervous system.

DEEP TISSUE

Select this style for those who want to feel every nuance of the massage. Firm pressure and thoughtful sequencing create maximum results.

SPORTS

For the athlete or weekend warrior who needs specific techniques to address performance enhancement or pain reduction.

FOCUS

Target areas that need attention with specific treatment.

PRENATAL RESCUE

The perfect massage when you're working twice as hard. Relieve tension, fatigue and swelling. This is performed in side-lying position.

COUPLES

Receive two customized massages side-by-side for a unique shared experience and wonderful memory.
*priced per therapist

TREATMENTS

SHEA BUTTER BODY QUENCH

Enjoy a massage with warm organic shea butter, hot towels and a revitalizing exfoliation.

BODY SCRUB

Treat yourself to maximum decadence with skin brushing, scrub and full body massage.

FACIAL

PURE RESULTS

This facial covers it all. Cleanse, tone, scrub and mask, all customized to suit your skin type.

ENHANCERS

BODY MELT SCALP THERAPY

An energizing scalp treatment designed to promote relaxation, ease muscle aches and rebalance over-stressed nervous systems. Aromatic wild lime scalp oil is gently warmed and applied vigorously to the scalp, neck and shoulders to stimulate circulation and relieve muscle tension.

BODY MELT FOOT THERAPY

A revitalizing foot and lower leg treatment designed to reinvigorate the whole body. Calves and feet are massaged with a stimulating peppermint balm and then cocooned in steaming hot towels to wake up tired feet.

LAVA SHELL UPGRADE

Add the relaxing and penetrating elements of naturally heated massage to your favorite service.

EYE CONTOUR TREATMENT

This facial add-on is an intensive treatment designed to reduce puffiness, fine lines and under eye discoloration.

MANICURE & PEDICURE

PERFECT MANICURE & PEDICURE

RENEWAL MANICURE & PEDICURE

60-minute massage \$135
75-minute massage \$160
90-minute massage \$185
120-minute massage \$235

Treatments \$160 / \$185 / \$210 / \$260

Enhancers \$30

Facial \$135

Perfect Manicure & Pedicure \$50 / \$70

Renewal Manicure & Pedicure \$70 / \$90

FOR ANY QUESTIONS, OR TO SCHEDULE A TREATMENT,
PLEASE CALL THE CONCIERGE BY DIALING EXTENSION 4058.

SOFITEL
HOTELS & RESORTS

CHICAGO MAGNIFICENT MILE



WINDY CITY MASSAGE