# SOFITEL

HOTELS & RESORTS

CHICAGO MAGNIFICENT MILE



TO MAKE YOUR RESERVATION
CONTACT THE HOTEL CONCIERGE



# PERSONALIZED MASSAGES

IN-ROOM 50-MINUTE \$150 | 80-MINUTE \$190 | 110-MINUTE \$300

#### **SWEDISH**

This deeply relaxing traditional treatment features long connective strokes and compression. It is designed to ease fatigued muscles and soothe the nervous system.

#### **DEEP TISSUE**

Select this style for those who want to feel every nuance of the massage. Firm pressure and thoughtful sequencing create maximum results.

#### **SPORTS**

For the athlete or weekend warrior who needs specific techniques to address performance enhancement or pain reduction.

## FOCUS

Target areas that need attention with specific treatment.

## PRENATAL RESCUE

The perfect massage when you're working twice as hard. Relieve tension, fatigue and swelling. This is performed in side-lying position.

## COUPLES (price per person)

Receieve two customized massages side-by-side for a unique shared experience and wonderful memory.

IN ROOM TREATMENTS CANNOT BE ACCOMMODATED IN ROOMS WITH DOUBLE BEDS. COUPLES MASSAGES CAN ONLY BE ACCOMMODATED IN OUR SUITES.

# **BODY TREATMENTS**

IN-ROOM 80-MINUTE \$210 | 110-MINUTE \$260

#### SHEA BUTTER DRENCH

Enjoy a massage with warm organic shea butter, hot towels and a revitalizing exfoliation.

#### WARM HONEY DRIZZLE

Start with an invigorating skin brushing followed by a massage incorporating eco-friendly warm honey to cleanse pores, improve circulation and soothe muscles and joints.

#### **BODY BRUSH AND SCRUB**

Treat yourself to maximum decadence with skin brushing, scrub and full body massage.

# SERVICE ENHANCEMENTS

15-MINUTE \$30

#### BODY MELT SCALP THERAPY

An energizing scalp treatment designed to promote relaxation, ease muscle aches and rebalance over-stressed nervous systems. Aromatic wild lime scalp oil is gently warmed and applied vigorously to the scalp, neck and shoulders to stimulate circulation and relieve muscle tension.

## BODY MELT FOOT THERAPY

A revitalizing foot and lower leg treatment designed to reinvigorate the whole body. Calves and feet are massaged with a stimulating pepperming balm and then cocooned in steaming hot towels to wake up tired feet.

## LAVA SHELL UPGRADE

Add the relaxing and penetrating elements of naturally heated massage to your favorite service.

## EYE CONTOUR TREATMENT

This facial add-on is an intesive treatment designed to reduce puffiness, fine lines and under eye discoloration.

# CBD OIL ENHANCEMENT

This oil enhancement will promote ultimate relaxation and assist in relieving muscle soreness.