



WINDY CITY MASSAGE

I N - R O O M  
S P A   S E R V I C E   M E N U

OFF-SITE SPA SERVICES AVAILABLE  
AT 85 E. WACKER DR.



# IN-ROOM MASSAGE

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50 MIN \$140 | 80 MIN \$190 | 110 min \$240

## SWEDISH

This deeply relaxing treatment, featuring long connective strokes, is designed to ease fatigue and soothe over-stressed nervous systems.

## DEEP TISSUE

More engaged pressure for those who want to feel every nuance of the massage. Firm pressure and thoughtful sequencing for maximum results.

## SPORTS

For the athlete or weekend warrior who needs specific techniques to address performance enhancement or pain-reduction.

## FOCUS

When you really want only a couple areas treated because they really, really need it. Forget doing everything and just focus on what you really want and need. This isn't necessarily symmetrical or formulaic because you're not!

## PRENATAL RESCUE

The perfect massage when you're working twice as hard! Relieve tension, fatigue and swelling. Baby will thank you! Note — this is done in side-lying position with bolsters.

## COUPLES

Receive two customized massages side-by-side. Chit-chat or be silent while therapists customize the perfect massage for your needs.  
*\*price per therapist.*

TO MAKE YOUR RESERVATION  
CONTACT 312.946.3000  
OR BOOK ONLINE AT  
WINDYCITYMASSAGE.COM



# IN-ROOM SERVICE ENHANCEMENTS

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15 MIN \$30

## EYE CONTOUR TREATMENT

This facial add-on is an intensive treatment designed to reduce puffiness, fine lines and under eye discoloration.

## BODY MELT FOOT THERAPY

Calves and feet are massaged with a stimulating peppermint balm and then cocooned in steaming hot towels to wake up tired feet.

## BODY MELT SCALP THERAPY

Aromatic lime scalp oil is gently warmed and applied vigorously to the scalp, neck and shoulders to stimulate circulation and relieve muscle tension.

## LAVA SHELL THERAPY

Add the relaxing and penetrating elements of a naturally heated massage to your favorite service.

## CHINESE CUPPING THERAPY

Experience this traditional and effective form of Chinese healing. Cupping increases local blood supply, loosens adhesions and knots and moves lymphatic fluids via a negative pressure.

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# OFF-SITE BODY TREATMENTS

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80 MIN \$215 | 110 MIN \$265

## **BODY MELT BACK THERAPY**

The ultimate relaxing experience that combines deep, intensive massage with steaming hot towels. Tension deep within spinal muscles is unraveled with an anti-inflammatory arnica gel in this powerful therapeutic treatment.

## **WARM HONEY DRIZZLE**

Start with an invigorating skin brushing followed by a truly unique massage incorporating eco-friendly warm honey to cleanse pores, improve circulation and soothe muscles and joints.

## **SHEA BUTTER BODY QUENCH**

Enjoy a massage with warm organic shea butter, hot towels and a revitalizing exfoliation.

## **HOT STONE**

Enjoy warmth and relaxation at its best. Penetrating heat and soothing massage create a perfect heavenly mixture of healing and revitalization.

## **CELLULITE REDUCTION**

Enjoy a full body 80-minute massage while addressing one of these common problem areas: hips, thighs or abdomen. Specific, hands-on cellulite reduction techniques are applied with a thermal cellulite cream and wrap. For best results follow with our cupping add-on service. Add \$30 for each additional area.

## **BODY BRUSH AND SCRUB**

Treat yourself to maximum decadence with skin brushing, scrub and full body massage.

## **FOUR-HAND MASSAGE**

Try something that you'll remember forever. Two therapists, one amazing experience will massage away all worries and aches.  
*\*price per therapist.*

## **MONSOON RITUAL**

Begin with an almond orange nut exfoliation, followed by a white tea mask and scalp treatment concluding with a full body massage.

## **ESPRESSO SCRUB, RUB & CHUG**

Invigorate your mind, body and soul with our espresso body scrub and custom massage. Cleansing espresso beans, antiseptic honey and nourishing oils prepare your skin for the massage. An espresso shot completes this service sending you off to conquer the day.

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# OFF-SITE FACIALS

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50 MIN \$140 | 80 MIN \$190

## PURE RESULTS

This facial covers it all. Cleanse, steam, tone, scrub and mask all customized to suit your skin type. High quality EmerginC products will leave skin glowing, balanced and healthy.

## NATURAL FACELIFT

This regenerating treatment will slow cellular aging, plump and firm the skin and reduce fine lines.

## MOISTURE DRENCH

Nature's answer to moisture-deprived, thirsty skin. In this customized session, skin is replenished at the cellular level with bio-active botanical serums. The perfect facial to focus on rehydrating wind and sun damaged skin.

## MEN'S REBALANCE

This effective facial is designed to deeply clean and soothe skin types exposed to sports or shaving.

## HYDRAFACIAL

30 MIN \$125 | 45 MIN \$185 | 60 MIN \$245 | 75 MIN \$305

The HydraFacial is a non-invasive, non-surgical procedure that essentially power washes your face to lift and firm.

See results similar to a chemical peel but with no discomfort or down time. Excellent for all skin types and overall skin health.

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